

Post Sclerotherapy Care

- **First 48 hours**
 - Keep the compression hose on at all times except for bathing
 - Remove any cotton balls and bandages and inspect the injection sites at the first bath or shower
 - If there are any areas of irritation or erosion, apply some antibiotic ointment (Neosporin, Polysporin, generic antibiotic ointment) and a band-aid that seals the air out and continue this daily until the sores are healed
 - No strenuous or aerobic activity
 - Take Tylenol (up to 1 gram or 1000mg every 8 hours) as needed for pain

- **From 48 hours to 2 weeks**
 - Continue to wear the support hose at all times except for bathing and when your legs will be at or above the level of your heart (such as at night when in bed)
 - The vessels will look red, inflamed, and swollen
 - Tylenol or non-steroidal anti-inflammatory drugs (NSAIDs) such as, Motrin or Advil, as needed for pain

- **From 2 weeks to 4 weeks**
 - Continue to wear the support hose as much as possible, especially with exercise or prolonged standing
 - Any discoloration (post inflammatory hyperpigmentation) at the injection sites may begin to fade
 - Remember that results are directly proportional to support hose usage so the longer you wear your hose, the better your results and the fewer treatments you will need

- **After 6-8 Weeks**
 - Maximum closure from the preceding treatment has occurred and further treatment can be done

Increasing pain, redness, swelling, or fever at any time after treatment should be reported immediately to your physician